



# Integrated Upset Prevention and Recovery Training

Combining Live Flying and Simulation for Optimum Results



# THANK YOU FOR THE OPPORTUNITY

## Randall Brooks

VP Training and Business Development

- **UPRT since 2006**
- **Over 600 pilots trained on aircraft**
- **Over 80 simulator Instructors trained**
- **Over 20 simulator types used**
- **[randall.brooks@apstraining.com](mailto:randall.brooks@apstraining.com)**



**Spring Flight Simulation Conference**  
**Flight Simulation Technology: Future Potential**  
40th Anniversary of the First RAeS International Symposium  
Wednesday 9 – Thursday 10 June 2010  
No.4 Hamilton Place, London W11 7BQ, UK



Sponsored by:

**BAE SYSTEMS**



**Honeywell**



Real Time  
Simulation  
Technologies

**OPINICUS**  
Corporation



**THALES**

**“Has there been any study of the extent to which psychological factors may play a role in the effectiveness of training in the simulated environment, with respect to certain high threat situations or tasks?”**

# The Psychological Boundaries of Flight Simulation

Randall L. Brooks  
Sr. Director of Flight Training  
**OPINICUS** *Corporation*

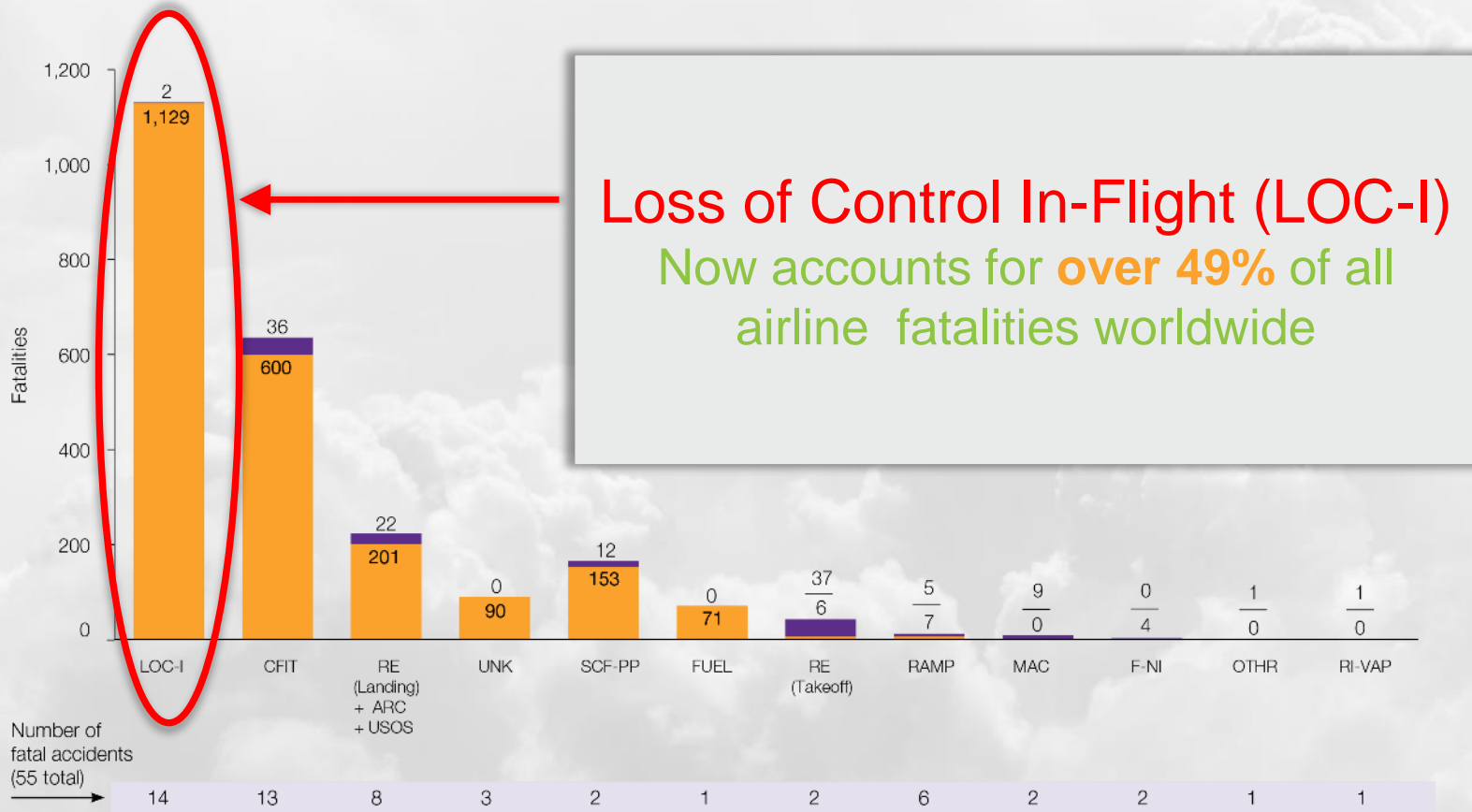
8-9 June 2011

Royal Aeronautical Society  
Flight Simulation Group



**OPINICUS**  
*Corporation*

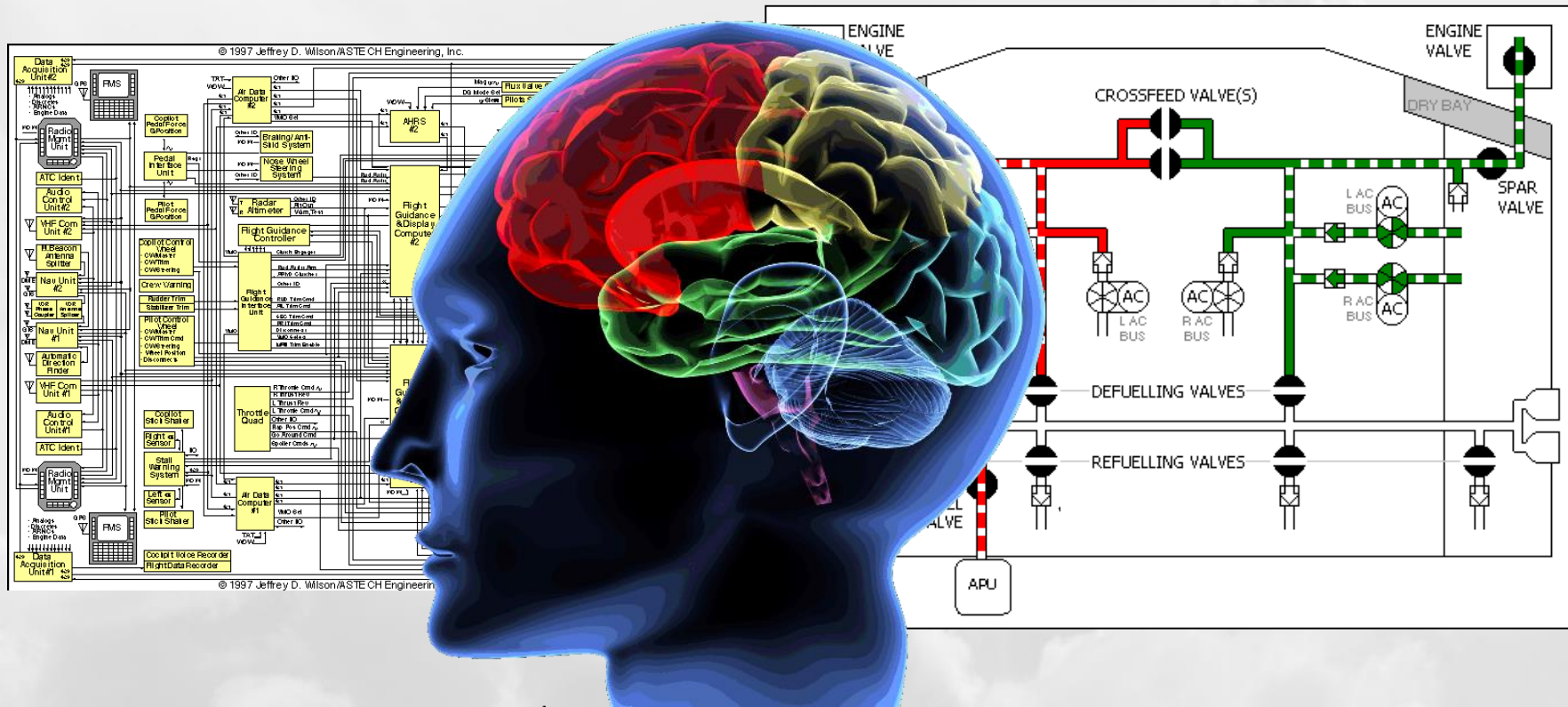
# WORLDWIDE FATAL ACCIDENTS 2008-2017







# AIRCRAFT SYSTEMS







AVIATION  
PERFORMANCE  
SOLUTIONS



# Flight Simulation Training Devices

## Effectiveness of the Tool



## Inside the Normal Envelope

- Designed for use in this range
- Highly accurate and generally flight tested
- Aerodynamics are generally linear and steady here
- No prolonged accelerations
- Higher Order cognition is in effect (prefrontal cortex)
- Excellent for preparing for normal flight operations

## Outside the Normal Envelope

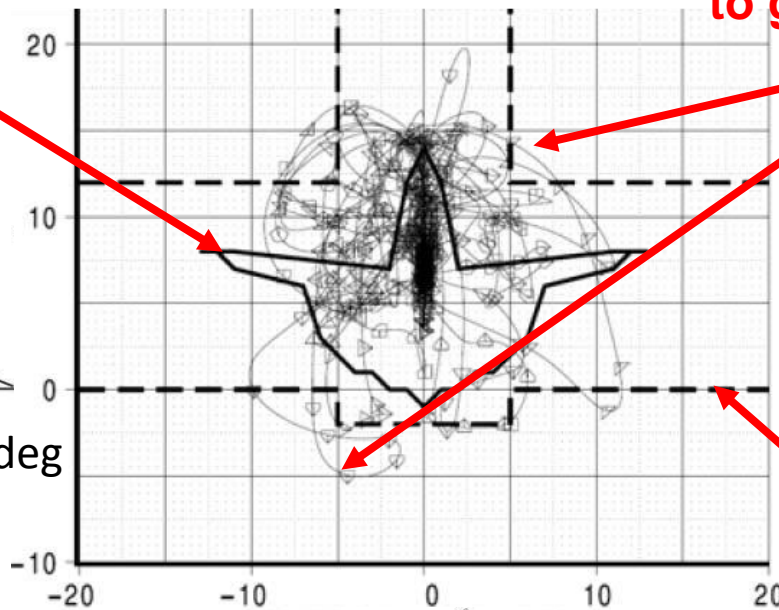
- Not originally intended for use in this domain
- Aerodynamics may not be properly modeled (extrapolated)
- Unsteady, non-linear aerodynamics
- Accelerations can be continuous, and higher order
- Very different from normal operations
- Inadequate for *comprehensive* preparation for flight beyond the normal envelope

# SIMULATION VS. THE REAL WORLD

**Flight test  
validated data**

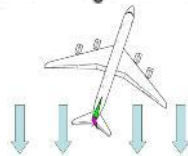


Angle of attack, deg



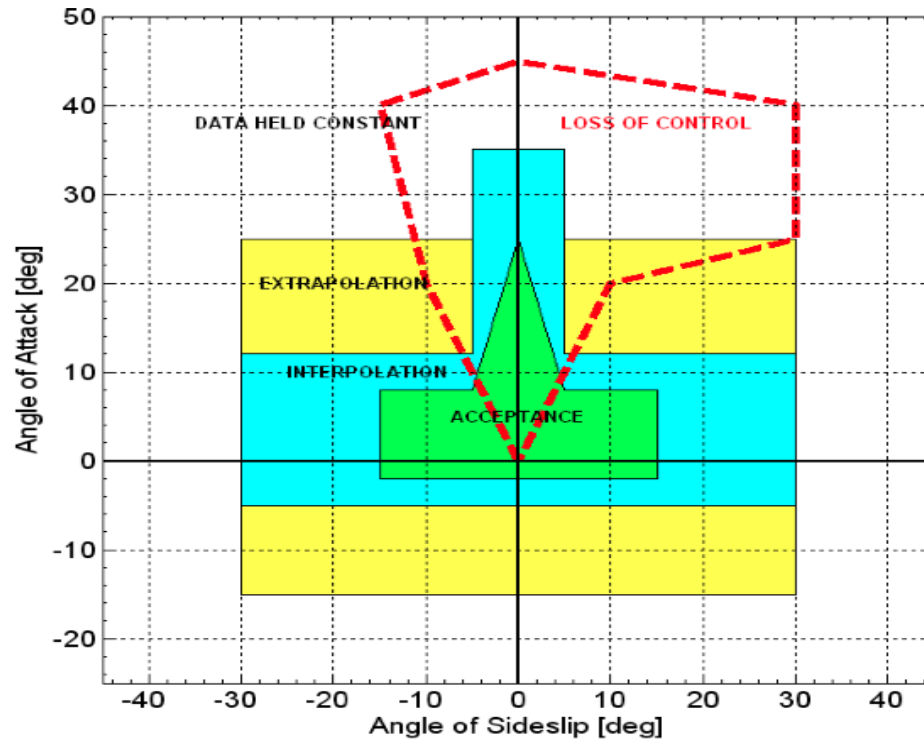
**Where aircraft are likely  
to go in an Upset Event**

**Wind tunnel  
validated data**



Sideslip, deg

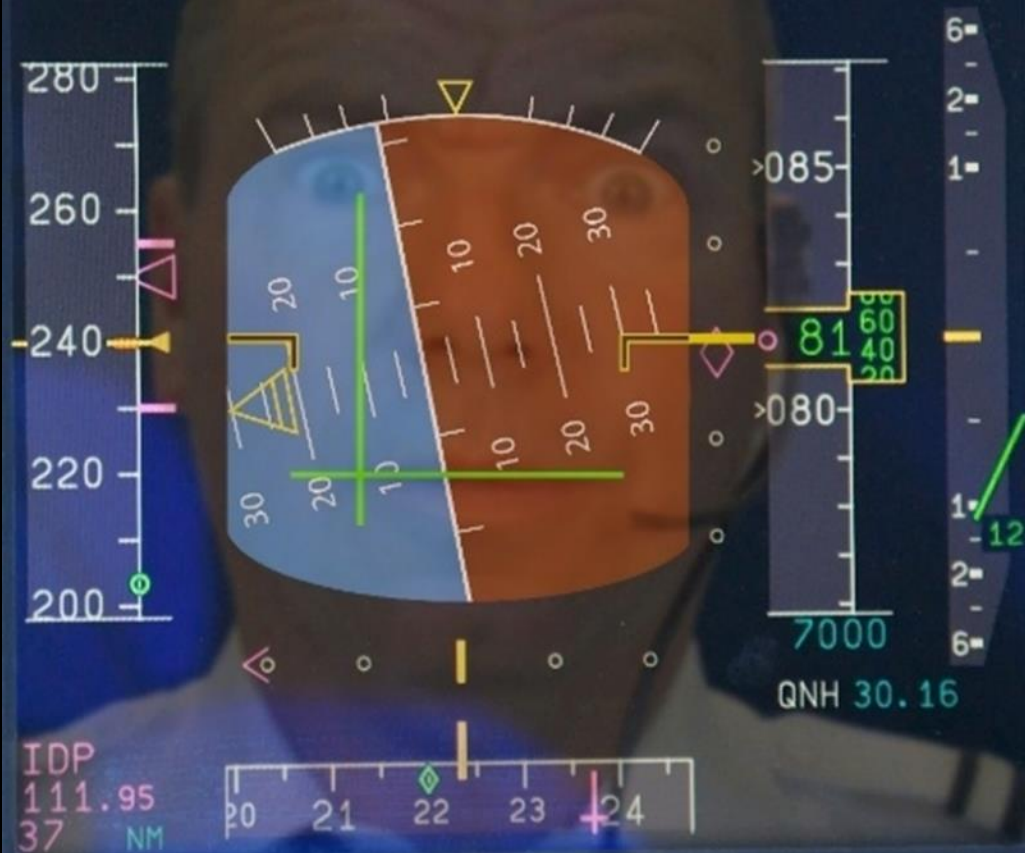
# MODELING GAPS





1 FD 2

MDA 750



# HOW THE BRAIN WORKS UNDER THREAT





OH MY GOD

It's a Shark.







AVIATION  
PERFORMANCE  
SOLUTIONS



# The Integrated Approach

Combining Assets for Effectiveness

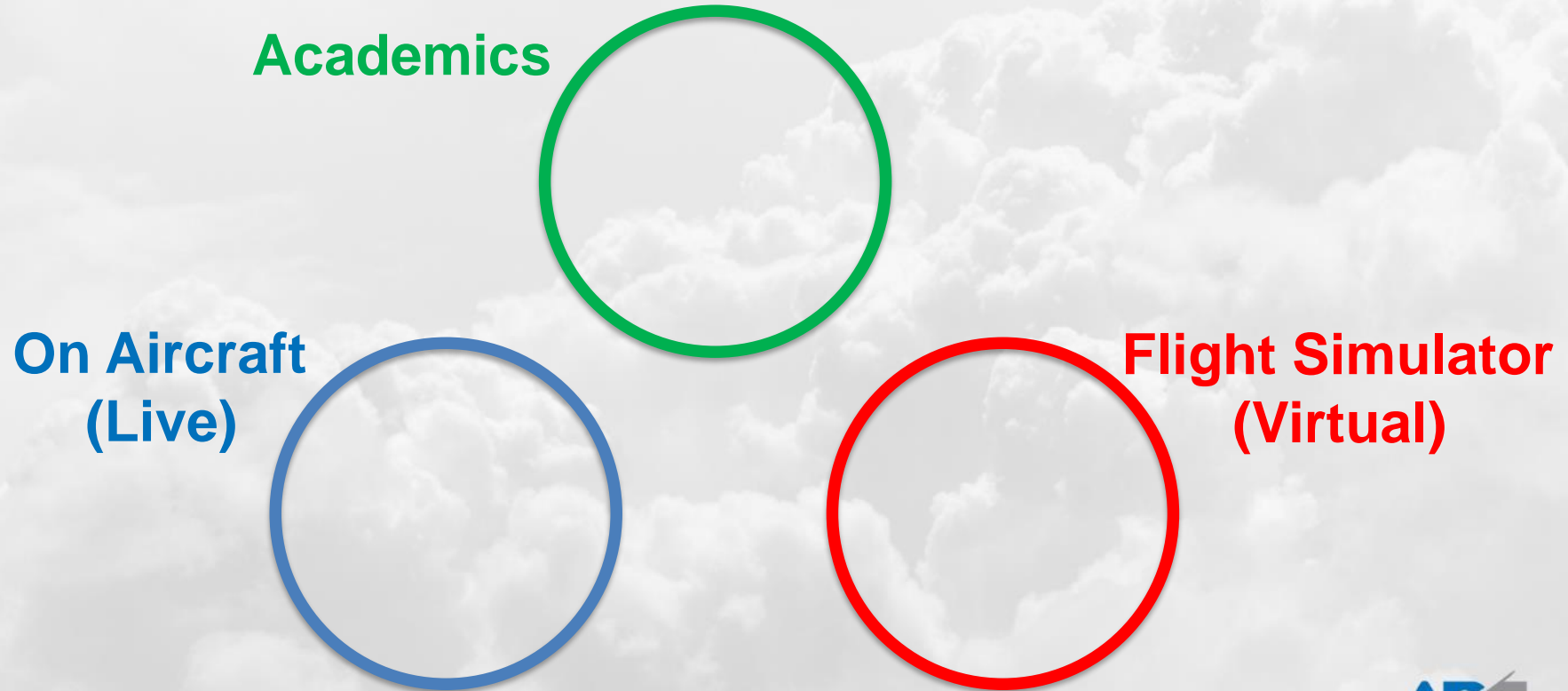




- **Document 10011**
- **Manual on Aeroplane Upset Prevention and Recovery Training**
- **IATA Guidance and Best Practices for the Implementation of UPRT**



# COMPONENTS OF UPRT



# INTEGRATED UPRT



# COORDINATION OF ELEMENTS



## Academics



- Provides a foundational understanding prior to practical skill development
- Explains different aerodynamic behavior and characteristics in the upset domain
- Not likely accessible in an upset event



# Which Comes First?

**On Aircraft  
(Live)**



**Flight Simulator  
(Virtual)**



# ALL-ATTITUDE CAPABLE AIRCRAFT



# CONTRIBUTION OF LIVE FLYING

## On Aircraft (Live)



- Representative aerodynamics beyond the normal envelope
- Physiological: continuous accelerations (including less than 1G)
- Psychological: “Reality” factor; Perception of risk and threat of consequences in a *controlled* environment
- Development of pattern recognition

# BOEING 717 (OUTSIDE SIM DOMAIN)





**SLIPPING STALL**  
AT LOW-ALTITUDE UPSET RECOVERY V.0



# NOSE LOW / HIGH BANK ANGLE UPSET



# FLIGHT SIMULATOR CONTRIBUTION

- Transfer of skills introduced in the all-attitude aircraft to CRM
- Differences: restricted view, slower control response, higher control forces
- Type-specific instrument indications, warnings, and cuing



**Flight Simulator  
(Virtual)**



AVIATION  
PERFORMANCE  
SOLUTIONS



# RESULTS

## Airline and Military Applications



# US ARMY FIXED WING

Follows ICAO recommended  
integrated pathway

- **Academics**
  - Classroom
- **Primary Fixed Wing**
  - Grob 120TP
- **Full Flight Simulator**
  - King Air/C-12/MC-12/RC-12



# AIRLINE INSTRUCTOR UPRT







# FEAR

It won't help you get right-side up



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Simulation for Optimum Results

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